

## **SELF ESSAY OUTLINE (Required for DMS, OTA, PTA AND RAD PROGRAMS)**

The intent of the Self Essay is to provide an opportunity to reflect on your experiences and goals as well as to research the profession. Your life experiences and career exploration activities should assist you in writing your essay.

### **Self Essay Requirements:**

#### **A. Formatting**

- Use college level English writing.
- Use clear and concise language.
- Typed one to two (1-2) pages in length.
- Use standard twelve (12) point font.

#### **B. Header**

- Your full name
- Address, phone and email address
- CCAC Student ID number

#### **C. Topics**

- A **brief** summary of **recent and pertinent** life experiences:
  - Education (high school to present)
  - Recent work experience
  - Related personal or family medical experiences (optional)
  - Volunteer work or community service
  - Hobbies and interests
  - Awards and honors
  - Memberships
- A **brief** definition of your major field of interest, in your own words.
- A **brief** explanation of your choice of career goal.
- A **brief** summary of your self-perceived strengths and weakness.
- A **brief** summary of your educational and career goals.